

June Girls Weightlifting



2025-2026 Gateway & District Team 2026

Champions



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
(ON) on-campus training (OFF) off-campus training	(ON) Gym Weightroom 8:00 am – 9:30 am (OFF) Jax Strength 9:00 am – 11:00 am	(ON) Gym Weightroom 8:00 am – 9:30 am	(OFF) Jax Strength 9:00 am – 11:00 am	(ON) Gym Weightroom 8:00 am – 9:30 am	(OFF) Jax Strength 9:00 am – 11:00 am	
7	8	9	10	11	12	13
	(ON) Gym Weightroom 8:00 am – 9:30 am (OFF) Jax Strength 9:00 am – 11:00 am	(ON) Gym Weightroom 8:00 am – 9:30 am	(OFF) Jax Strength 9:00 am – 11:00 am	(ON) Gym Weightroom 8:00 am – 9:30 am	(OFF) Jax Strength 9:00 am – 11:00 am	
14	15	16	17	18	19	20
	(ON) Gym Weightroom 8:00 am – 9:30 am (OFF) Jax Strength 9:00 am – 11:00 am	(ON) Gym Weightroom 8:00 am – 9:30 am	(OFF) Jax Strength 9:00 am – 11:00 am	(ON) Gym Weightroom 8:00 am – 9:30 am	(OFF) Jax Strength 9:00 am – 11:00 am	
21	22	23	24	25	26	27
	(ON) Gym Weightroom 8:00 am – 9:30 am	(ON) Gym Weightroom 8:00 am – 9:30 am		(ON) Gym Weightroom 8:00 am – 9:30 am		
28	29	30				
	(ON) Gym Weightroom 8:00 am – 9:30 am (OFF) Jax Strength 9:00 am – 11:00 am	(ON) Gym Weightroom 8:00 am – 9:30 am				

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5	6	7	8	9	10	11
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19	20	21	22	23	24	25
	(ON) Gym Weightroom 8:00 am – 9:30 am	(ON) Gym Weightroom 8:00 am – 9:30 am		(ON) Gym Weightroom 8:00 am – 9:30 am		
26	27	28	29	30	31	