

Mandarin High School 4831 Greenland Road Jacksonville, Florida 32258

(904) 260-3911 www.duvalschools.org/mhs

Mrs. Sara Bravo Principal

Mr. Timothy Durkin Assistant Principal

Ms. Amanda Edgerton Assistant Principal

Mrs. Hannah Lakatos Assistant Principal

Dr. Michelle Adams-Manning Activities Director

Ms. Joyce Jones Dean of Students

Ms. Beth Pecarek Test Chairperson

Mr. Brian Rado Athletic Director

Mrs. Tanu Seymore Lead School Counselor Dear Incoming Freshmen,

Welcome to Mandarin High School!

We're excited to invite you to join the Mandarin Boys and Girls Cross Country Team — one of the most rewarding and inclusive teams on campus. Whether you're an experienced runner or brand new to the sport, cross country is an incredible way to build fitness, make lifelong friendships, and be part of a driven, positive team culture.

Why Join Cross Country?

- 🏂 Build endurance, strength, and mental toughness
- **W** Represent Mandarin at local and out-of-state invitationals
- Attend our annual summer training camp one of the highlights of the season
 Geat conditioning for other sports like soccer, basketball, track, and more
 Become part of a team that values hard work, accountability, and fun
 No experience needed we train athletes of all backgrounds and ability levels

Summer Training Starts Soon!

We'll begin optional summer practices soon to help new runners get acclimated and meet the team. If you're involved in other summer activities, no worries – we're flexible and happy to work with your schedule.

Interested? Reach Out! If you're ready to give it a shot or just want to learn more, contact us directly:

Head Girls Coach: Brandon Williams - brandonwilliams0814@gmail.com

Head Boys Coach: Sarah Smith – smiths25@duvalschools.org

Let's make your first year at Mandarin unforgettable. Come run with us!

Go Mustangs!

Coach Brandon Williams Head Girls Cross Country Coach Mandarin High School

> *In Pursuit of Progress* We are Mandarin 25-26