

June – MHS Wrestling

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 7:30am Weight room 8:30am Wrestling room	3 7:30am Weight room 8:30am Wrestling room	4	5 7:30am Weight room 8:30am Wrestling room	6 7:30am Weight room 8:30am Wrestling room	7
8	9 7:30am Weight room 8:30am Wrestling room	10 7:30am Weight room 8:30am Wrestling room	11	12 7:30am Weight room 8:30am Wrestling room	13 7:30am Weight room 8:30am Wrestling room	14
15	16 7:30am Weight room 8:30am Wrestling room	17 7:30am Weight room 8:30am Wrestling room	18	19 7:30am Weight room 8:30am Wrestling room	20 7:30am Weight room 8:30am Wrestling room	21
22	23 7:30am Weight room 8:30am Wrestling room	24 7:30am Weight room 8:30am Wrestling room	25	26 7:30am Weight room 8:30am Wrestling room	27 7:30am Weight room 8:30am Wrestling room	28
29	30 7:30am Weight room 8:30am Wrestling room					

July – MHS Wrestling

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:30am Weight room 8:30am Wrestling room	2	3 7:30am Weight room 8:30am Wrestling room	4 7:30am Weight room 8:30am Wrestling room	5
6	7 7:30am Weight room 8:30am Wrestling room	8 7:30am Weight room 8:30am Wrestling room	9	10 7:30am Weight room 8:30am Wrestling room	11 7:30am Weight room 8:30am Wrestling room	12
13	14 7:30am Weight room 8:30am Wrestling room	15 7:30am Weight room 8:30am Wrestling room	16	17 7:30am Weight room 8:30am Wrestling room	18 7:30am Weight room 8:30am Wrestling room	19
20	21 7:30am Weight room 8:30am Wrestling room	22 7:30am Weight room 8:30am Wrestling room	23	24 7:30am Weight room 8:30am Wrestling room	25 7:30am Weight room 8:30am Wrestling room	26
27	28 7:30am Weight room 8:30am Wrestling room	29 7:30am Weight room 8:30am Wrestling room	30	31 7:30am Weight room 8:30am Wrestling room		

August - MHS Wrestling

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 7:30am Weight room 8:30am Wrestling room	2
3	4 7:30am Weight room 8:30am Wrestling room	5 7:30am Weight room 8:30am Wrestling room	6	7 7:30am Weight room 8:30am Wrestling room	8 7:30am Weight room 8:30am Wrestling room	9
10	11 7:30am Weight room 8:30am Wrestling room	12 7:30am Weight room 8:30am Wrestling room	13	14 7:30am Weight room 8:30am Wrestling room	15 7:30am Weight room 8:30am Wrestling room	16
17	18 7:30am Weight room 8:30am Wrestling room	19 7:30am Weight room 8:30am Wrestling room	20	21 7:30am Weight room 8:30am Wrestling room	22 7:30am Weight room 8:30am Wrestling room	23
24	25 7:30am Weight room 8:30am Wrestling room	26 7:30am Weight room 8:30am Wrestling room	27	28 7:30am Weight room 8:30am Wrestling room	29 7:30am Weight room 8:30am Wrestling room	30
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