

FLAG Football June 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Summer Pride – 8-10am Weights SPD/ Skills	4 Summer Pride – 8-11am Practice	5 TIDE SUMMER SPLASH: Long County, GA JV and Var 2 Games Guaranteed	6 Summer Pride – 8-10 Field work / FILM Review	7 Summer Pride – 8-11am Weights / Practice	8 SUMMER SIZZLER: Savannah, GA JV & Var 3 Game Guaranteed
9 FINALS- Summer Sizzler	10 Summer Pride – 8-10am Weights SPD/ Skills	11 Summer Pride – 8-10 Field work	12 Summer Pride – 8-10 Weights	13 Summer Pride – 8-10 Field work	14 OFF	15
16	17 Summer Pride – 8-10am Weights SPD/ Skills	18 Summer Pride – 8-10 Field work	19 Summer Pride – 8-11am Weights / Practice	20 Summer Pride – 8-11am Practice	21 TITLE TOWN: Valdosta, GA JV & Var 3 Game Guaranteed Cost- TEAM total	22 TITLE TOWN: FINALS
23 FCA CAMP BRUNSWICK , GA	24 FCA CAMP BRUNSWICK , GA	25 FCA CAMP BRUNSWICK , GA	26 Summer Pride – 8-10 Weights	27 Summer Pride – 8-11am Practice	28 Summer Pride – 8-10 Weights	29 NIKE 11ON 16 team Tourney St Aug /Jags Stadium Var ONLY – Max 20 Players

FLAG Football July 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 OFF	2 OFF	3 OFF	4 Independence Day OFF	5 OFF	6
7	8 Summer Pride – 8-10am Weights	9 Summer Pride – 8-10am Field Work	10 Summer Pride – 8-10am Weights	11 Summer Pride – 8-10am Field Work	12 OFF	13
14	15 Summer Pride – 8-10am Weights	16 Summer Pride – 8-10am Field Work	17 Summer Pride – 8-10am Weights	18 OFF	19 OFF	20
21	22 Summer Pride – 8-10am Weights	23 Summer Pride – 8-10am Field Work	24 Summer Pride – 8-10am Weights	25 Summer Pride – 8-10am Field Work	26 OFF	27
28	29 Summer Pride – 8-10am Weights	30 Summer Pride – 8-10am Field Work	31 Summer Pride – 8-10am Weights			