

## 4831 Greenland Road\*Jacksonville, FL 32258\*(904) 260-3911 Home of the Mustangs

Sara Bravo, Principal

Brian Rado, Athletic Director

Marc Sitowitz, Head Varsity/JV Coach Ashley Hellett, Assistant Varsity/JV Coach

## 2022-2023 Weightlifting Schedule

DAY	DATE	OPPONENT (H-Home, A-Away)	TIME
VARSITY	SCHEDULE		
Wedne <mark>s</mark> day	November 2	Atlantic Coast, Ed White	5:30 pm
Wedne <mark>s</mark> day	November 9	Fletcher, Stanton	5:30 pm
Thursday	November 17	@ Riverside (Riverside, Baldwin)	5:30 pm
Tuesday	November 29	Fleming Island	6:00 pm
Thursday	December 8	@ Atlantic Coast (Atlantic Coast, Stanton)	5:30 pm
Friday	December 16	@ Nease (Nease)	5:00 pm
Thursday	January 5	Wolfson (Senior Night)	5:30 pm
Thursday	January 12	Gateway Conference Championships	2:00 pm
Friday	January 2 <mark>7</mark>	DISTRICTS. Oakleaf High School	10:00 am
Thursday	February 2	REGIONALS. Oakleaf High School	10:00 am
Fri & Sat	February 17-18	FHSAA STATE CHAMPIONSHIP RP Funding Center; Lakeland, FL	TBD
J.V.	SCHEDULE		
Tuesday	Novembe <mark>r 15</mark>	<b>Episcopal</b>	5:30 pm
Thursday	December 1	@ Paxon (Paxon, Jackson)	5:30 pm
Tuesday	December 6	@ Oakleaf	5:30 pm
Monday	December 12	@ Sandalwood (Sandalwood, Terry Parker)	5:30 pm
		7 6	