

## 4831 Greenland Road\*Jacksonville, FL 32258\*(904) 260-3911 Home of the Mustangs

Sara Bravo, Principal

Brian Rado, Athletic Director

Marc Sitowitz, Head Varsity/JV Coach Ashley Hellett, Assistant Varsity/JV Coach

## 2022-2023 Weightlifting Schedule

DAY	DATE	OPPONENT (H-Home, A-Away)	TIME
VARSITY	SCHEDULE		
Wednesday	November 2	Atlantic Coast, Ed White	5:30 pm
Wednesday	November 9	Fletcher, Stanton	5:30 pm
Thursday	November 17	@ Riverside (Riverside, Baldwin)	5:30 pm
Tuesday	November 29	Fleming Island	6:00 pm
Thursday	December 8	@ Atlantic Coast (Atlantic Coast, Stanton)	5:30 pm
Thursday	December 15	@ Nease (Nease)	5:00 pm
Thursday	January 5	Wolfson (Senior Night)	5:30 pm
Thursday	January 12	Gateway Conference Championships	1:00 pm
Saturday	January <mark>28</mark>	Districts (location TBD)	9:00 am
Thursday	February 2	Regional (location TBD)	TBD
Sat & Sun	February 17-18	State Championship (location TBD)	TBD
J.V.	<b>SCHEDULE</b>		
Tuesday	Novemb <mark>e</mark> r 15	<b>Episcopal</b>	5:30 pm
Thursday	Decemb <mark>er 1</mark>	@ Paxon (Paxon, Jackson)	5:30 pm
Tuesday	Decembe <mark>r 6</mark>	@ Oakleaf	5:30 pm
Monda <mark>y</mark>	December 12	@ Sandalwood (Sandalwood, Terry Parker)	5:30 pm