# 2021 Spring Conditioning/Tryout Schedule.

All required paperwork must be uploaded on <u>www.athleticclearance.com</u> prior to tryouts or conditioning.

## **Track and Field**

Tryouts/ Practice January 18th: 2:30-4:30

## **Boys Lacrosse**

Conditioning: 3:00pm-5:00pm January 18th-22nd

Tryouts: Monday, January 25th 3:30pm-5:30pm

## **Girls Lacrosse**

Conditioning; January 19th -22nd 2:30pm-3:30pm

Tryouts: January 18th 2:30pm-4:30pm

#### **Baseball**

Tryouts: Monday, January 18th

10:00am: Freshman and Sophomores

12:30pm: Juniors and Seniors

#### Softball

Tryouts: Tuesday, January 19 -Thursday, January 22nd from 2:30-5:00

# **Girl's Tennis**

**TBD** 

#### **Boys Tennis**

Boys Tennis will start tryout on Monday, Jan 18<sup>th</sup> at 10:00am. Tuesday- Friday 2:30pm-4:30pm on the MHS Tennis Courts

## Flag Football

Conditioning will be from 2:30-3:30 starting Tuesday January 19<sup>th</sup>. Meet in room Q109 to review all paperwork. Meetings and conditioning will take place every day from 2:30pm-3:30pm leading up to the first day of practice on February 8<sup>th</sup>.