

2019 Mandarin Football Summer Training Schedule

June 5th – 6th

June 10th – 13th

June 17th – 20th

June 24th – 27th

July 1st – July 3rd

July 8th – July 11th

July 15th – July 18th

July 22nd – July 25th

Sophomores, Juniors and Seniors

- **WR/RB/QB/DB – 8 am – 9 am Boost Sports Performance**
 - **9:15 – 10:15 Weight Training at School**
- **OL/DL/LB/TE – 9 am – 10 am Boost Sports Performance**
 - **10:15 – 11:15 Weight Training at School**

Boost Sports Performance Address

- **11339 Distribution Ave E**
Jacksonville, FL 32256

Freshman 8 am – 9:15 Weight Training/Conditioning at the high school weight room

Gear needed – T Shirt/Shorts/Tennis Shoes/Cleats

First Day of Fall Practice – Monday July 29th

First Day of Full Contact – Saturday August 3rd